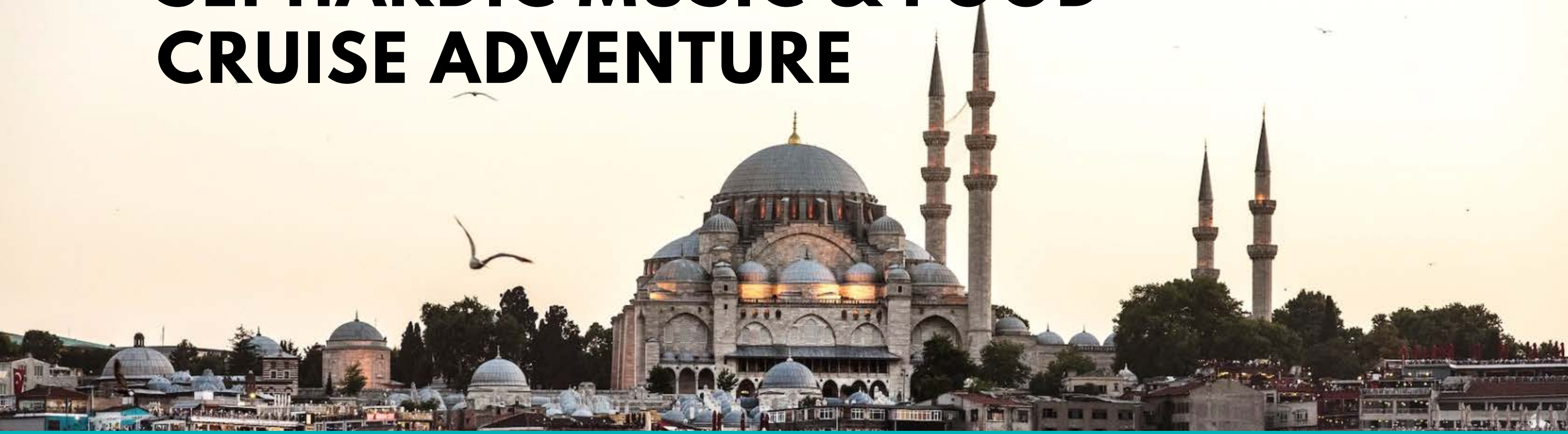


ATHENS TO ISTANBUL

SEPHARDIC MUSIC & FOOD CRUISE ADVENTURE



LED BY SARAH AROESTE AND SUSAN BAROCAS MAY 4-11, 2023 WITH OPTIONAL EXTENSION MAY 11-14 IN ISTANBUL

Dive deep into the rich Sephardic heritage of the Jews of Greece and Turkey, enjoy exclusive music and food experiences, walking tours and more as we savor the sounds and tastes of this rich tradition. Join Ladino Singer/Songwriter Sarah Aroeste and Sephardic Chef/Writer Susan Barocas for a delicious experience aboard the luxury *Oceania Marina* as you sail from Athens to Istanbul with stops in Mykonos, Rhodes, Antalya, Bodrum and Ephesus to explore the delicious flavors and vibrant music of Sephardic culture past and present.



STARTING AT \$4950 PER PERSON

INCLUDED IN CRUISE:

- 7-night, 8-day cruise on the luxury ship *Oceania Marina*
- All cruise taxes, tips and service charges
- All meals while on ship (vegetarian and kosher options available)
- Gourmet dining experiences, including *Marina's* Jacques Pepin signature restaurant
- Opening welcome reception
- Three group dinners, including for Shabbat
- A cooking demonstration and a Sephardic food history workshop with Chef Susan Barocas
- Two musical programs with Sarah Aroeste
- Guided tour of Jewish Rhodes including lunch
- Guided tour of Ephesus including lunch
- \$400 onboard credit, per cabin

INCLUDED IN EXTENSION:

- 3 nights luxury hotel in Istanbul
- All breakfasts, 3 dinners and 2 lunches
- Jewish walking tour in Istanbul, including lunch
- Visit to Grand Bazaar and Spice Market
- Bosphorus boat ride and dinner
- Cooking demonstration and lunch experience with Turkish Jewish Chef Sibel Pinto and Susan Barocas
- Food tour of "hidden" Istanbul with Chef Sibel Pinto
- Shabbat experience and dinner with Istanbul Jewish community
- Farewell feast and special concert with Sarah Aroeste and guests



NOT INCLUDED:

- Roundtrip airfare
- Optional *Oceania* land excursions
- Travel Insurance (HIGHLY RECOMMENDED)
- Premium alcohol
- Visa to enter Turkey
- Individual airport transfers outside of group transfers

Book Now by contacting Sandy Cohen:

sandy@columbiatours.com.pa or WhatsApp +(507) 6671 9454



Cruise Pricing Options

Marina Cabins

- From **\$4950 per person (Veranda Stateroom)**, based on double occupancy
- From **\$7950 per person (Veranda Stateroom)**, for single person occupancy

Traveling solo? We can help pair you with another solo traveler if interested.
All cabins can accommodate two beds.

Options for cabin upgrades and suites depend on availability, and at an additional cost.
Please contact Sandy Cohen at sandy@columbiatours.com.pa or WhatsApp +(507) 6671 9454 to discuss options.

Add-ons

- **Pre-night stay in Athens May 3rd: Royalty Hotel Athens** (*includes transfer to ship*)
\$110 per person, based on double occupancy
(+\$70 for single room supplement)
- **Istanbul Extension May 11-14th: Grand Hyatt Istanbul** (*includes transfer from ship*)
\$1550 per person, based on double room occupancy
(+\$600 for single room supplement)

Payment

Please note that payment after Feb 3rd must be made directly to Savor, c/o Aroeste Music LLC, via

- a) Check
- b) ACH or wire transfer
- c) Credit card (please note that this will add a processing fee of 3% to your balance)

Your ship cabin can only be secured when payment is received.

After final payment:

The following cancellation penalties apply to cruises of 1 to 14 days in length:

120 - 91 days or more prior to departure	\$250.00 pp Administration Fee +
90 – 76 days prior to departure	25% of Cruise Fare (plus any Optional Facilities and Services Fees incurred)
75 – 61 days prior to departure	50% of Cruise Fare (plus any Optional Facilities and Services Fees incurred)
60 – 31 days prior to departure	75% of Cruise Fare (plus any Optional Facilities and Services Fees incurred)
30 – 0 days prior to departure	100% of Cruise Fare (plus any Optional Facilities and Services Fees incurred)

DAILY SUMMARY

Cruise

May 3 (recommended arrival): Optional pre-night stay in Athens. Enjoy touring the Greek capital on your own and catching sights of ancient civilization along with the cafes, restaurants and shopping of the modern city.



Day 1 (Thursday, May 4): Depart from Athen's Piraeus Port on board the luxurious *Oceania Marina*. Enjoy exploring the ship before a welcome reception for our group and festive dinner with your tour leaders Sarah Aroeste and Susan Barocas.



Day 2 (Friday, May 5): Dock in Mykonos, Greece. Explore lovely Mykonos on your own by day (optional excursions available with *Oceania*). Return to ship late afternoon with time to refresh before diving into a discussion about Sephardic cuisine, culture and history with Susan Barocas, followed by a special group Shabbat dinner.



Day 3 (Saturday, May 6): Dock in Rhodes, Greece, for our group's exclusive tour of the Jewish quarter of this historically significant Sephardic center and Shabbat lunch with members of the Jewish community. Upon return to the *Marina*, begin to explore Ladino music and song with Sarah Aroeste in an intimate musical workshop, followed by dinner at your leisure.



DAILY SUMMARY

Day 4 (Sunday, May 7): Dock in Antalya, Turkey. Explore Antalya on your own by day (optional excursions available with Oceania). Return to Marina in time for a hands-on Sephardic cooking experience and tasting with Susan Barocas in one of the ship's exclusive kitchens.



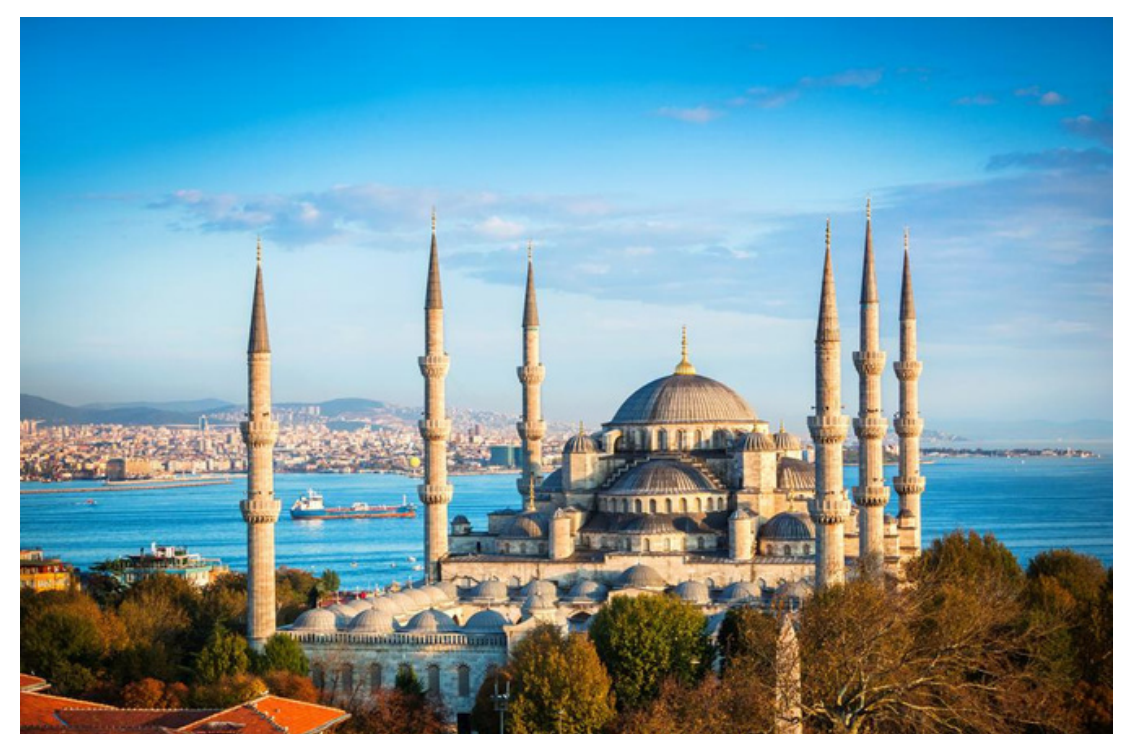
Day 5 (Monday, May 8): Dock in Bodrum, Turkey. Explore the sights and beaches of Bodrum on your own (optional excursions available with Oceania). Enjoy dinner and a free evening on the Marina.



Day 6 (Tuesday, May 9): Dock in Ephesus, Turkey, for our group's exclusive tour of this World Heritage Site, including sites of Jewish interest, lunch included. Return to the *Marina* in the late afternoon for an interactive musical workshop with Sarah Aroeste, featuring Ladino songs about food, followed by dinner at your leisure.



Day 7 (Wednesday, May 10): Arrive in Istanbul, Turkey. Explore this fascinating city that sits at the crossroads of Europe and Asia on your own by day (optional excursions available with *Oceania*). In the evening, enjoy a final farewell dinner together on the *Marina* with Sarah, Susan and our group.



Day 8 (Thursday, May 11): Disembark *Oceania Marina* (morning). Depart to the airport, your personal post-cruise plans or enjoy more explorations of history, food and music with Susan Barocas and Sarah Aroeste on the tour extension in Istanbul (see below).

DAILY SUMMARY

Istanbul Extension

Additional advance registration required

Day 8 (Thursday, May 11): Get to know Jewish Istanbul with an exclusive half-day tour of important Jewish sites including the Galata neighborhood and synagogues. After lunch, experience the Grand Bazaar, Blue Mosque and other historic sites in Istanbul. Cap off the night and see Istanbul from the water with a beautiful dinner cruise on the Bosphorus.



Day 9 (Friday, May 12): Start the day with an off-the-beaten track food tour led by Istanbul-born Chef Sibel Pinto. Then enjoy a Sephardic cooking demonstration and tasting with chefs Susan Barocas and Sibel Pinto. End the evening with a memorable Shabbat dinner with the local Jewish community.



Day 10 (Saturday, May 13): Experience Shabbat services at an Istanbul synagogue (optional), then enjoy lunch and an afternoon on your own. End the day with a gala final dinner for our group and a special community concert with Sarah Aroeste and other musical friends.



Sunday, May 14: Depart for the airport or other personal post-trip plans.



Kosher Options

Aboard the *Oceania Marina*

There are two options for kosher dining on-board the *Oceania Marina*. For the first option, the world-class food is prepared kosher-style in a kitchen separated into sections of dairy, vegetables and fish (no shellfish) using equipment such as pots and utensils which are also kept separate. The kosher-certified meat is prepared and served separate from all other food using equipment, utensils and dishes only for that purpose. Kosher spices, oil and other ingredients are used.

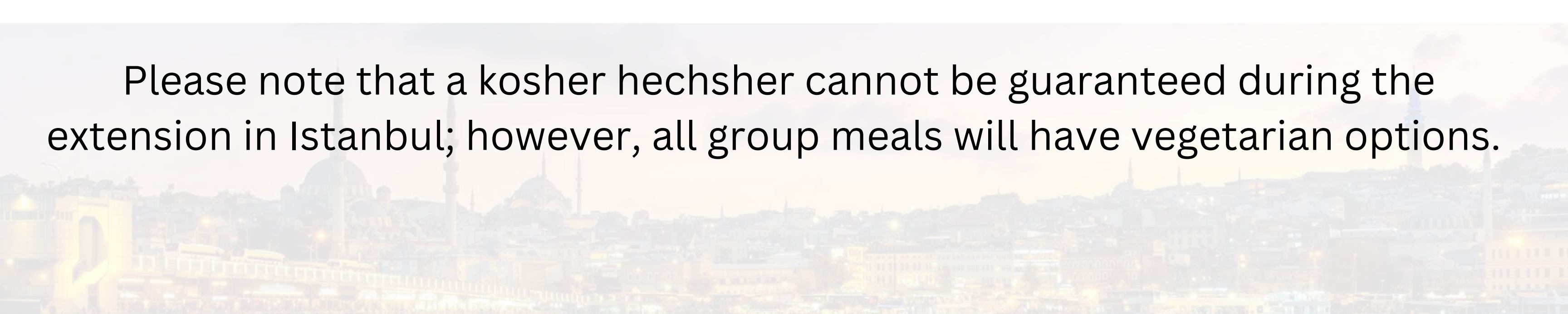
Need Glatt kosher?

The Oceania supplier for frozen kosher pre-packaged meals is Borenstein Caterers Incorporated from New York. This company was established in 1946 and provides food services to all travel and retail markets. PrePackaged Glatt Kosher Meals are produced under the supervision of the Union of Orthodox Jewish Congregations of America (the OU). These meals are presented in plastic containers and double wrapped and served with an OU seal. All items intended for the oven are double wrapped. All breads are Pas Yisroel and all dairy products are Cholov Yisroel.

Guests can view menus [here](#) and will be required to pre-order their selections no later than 120 days prior to sailing for Europe cruises.

For questions and to pre-order Glatt meals aboard the *Marina*, contact Sandy Cohen at sandy@columbiatours.com.pa or WhatsApp +(507) 6671 9454

Istanbul Extension



Please note that a kosher hechsher cannot be guaranteed during the extension in Istanbul; however, all group meals will have vegetarian options.

ABOUT THE HOSTS



Sarah Aroeste

Sarah Aroeste is an internationally-acclaimed Ladino singer/songwriter, author and activist committed to bringing awareness of Sephardic music and culture to audiences around the globe. With eight Ladino albums to her name, and two Sephardic-themed children's books, Aroeste is credited for helping to revitalize the Ladino tradition for all ages. She has led Sephardic heritage tours to Spain, Portugal and throughout the Balkans. To learn more: saraharoeste.com



Susan Barocas

Susan Barocas is a writer, chef and teacher passionate about exploring and presenting Sephardic cuisines, cultures and history. She also focuses on other Jewish cuisines and healthy, no-waste cooking. Founding director of the Jewish Food Experience, she served as guest chef for three of President Obama's White House Seders. Her writing and recipes have appeared in the *Washington Post*, *Lilith* and *Moment* magazines, The Nosh online, several cookbooks and newspapers around the country and internationally. Susan has led several Jewish and Sephardic heritage tours to Turkey as well as tours in Israel and Belize.

Full registration and additional information can be found here:
savorexperience.com